



Get back in the game quickly

In professional sports it is particularly important to offer highly effective treatment methods. For this reason we use the innovative combined shock wave therapy system DUOLITH® SD1 by STORZ MEDICAL in our medical practice. As a result of shock wave treatment, our football players are quickly able to resume active training. That way, they are able to continue to play for their team after a short time.

The treatment of patellar tendonitis illustrates this effect. Players suffering from this overuse injury of the patellar tendon who do not receive shock wave therapy usually have to stop training and playing for several weeks. Combined shock wave treatment usually enables players to continue training immediately. Numerous scientific publications have proven the positive effect of shock waves, which is based on an acceleration of the body's healing processes, pain reduction, activation of metabolism and improved blood circulation.



We have been using the DUOLITH® SD1 (which permits both radial and focused shock wave therapy) for numerous indications for more than a year now, not only in sports medicine. That way we were able to expand our treatment options significantly. The combination of the two methods has many advantages. Users can easily localize points of pain and treat them successfully in just a few treatment sessions. This form of therapy is also very gentle as there are usually no side effects. It is possible to use it in professional sports as well, as the application of shock waves is not an anti-doping violation. In our medical practice we also have a mobile shock wave system, the MASTERPULS® MP 50. We use this system during training camps and matches.

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