## Translation

## Value of modern Shockwave Therapy and Patient Loyalty in Orthopaedic Surgeries

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We have had a radial shockwave device of our own at our orthopaedic group surgery for several years now. The successes we have experienced with treatment and also the generally positive feedback from the patients have encouraged us to use this therapy intensively and to expand its applications.

Without ESWT we would be forced to refer a not insignificant number of our patients to other colleagues or physiotherapists for further treatment. The income from possible treatments to be carried out at our surgery would be lost. The situation is well-illustrated by the example of myofasciitis back pains: If the classical treatment methods, as for example, infiltration, electrotherapy, physiotherapy/special training therapy etc. do not lead to satisfactory results, or if they are not used for budgetary reasons, ESWT offers an additional promising therapy option.



Thus our own therapy options can be augmented with contemporary ESWT and trigger therapy with a manageable investment and low space requirements for the shockwave device. The therapies find application within the scope of orthopaedic pain therapy or in the treatment of muscular problems resulting from sports injuries. Considerably more patients can thus be treated successfully in the surgery without the need for further referrals.

In many cases the ESWT is also a successful alternative to surgical procedures, which are regarded by patients as being the option of last resort. In addition, the lost work

time or even just the work performance impairments associated with a successful ESWT are minimal in comparison with those associated with surgery.

Patients who refuse not only invasive procedures, but also infiltrations and the general application of classical pharmacotherapy, can be offered a non-invasive procedure here, practically without side effects or other risks. Patients also consider the direct attention of the doctor during therapy to be very positive. The number of inquiries about this treatment option is increasing, thanks to the recommendations of successfully treated patients.

From the viewpoint of the therapist, the shockwave and trigger therapy represents an effective and timesaving procedure which is to be carried out within the scope of a special office appointment, and which involves low personnel expenditure.



In our surgery we use a Storz Medical Masterpuls MP200 device. The low service costs for the device applicator make it possible to offer ESWT to the patients at an acceptable price.

The ESWT is a procedure which I can offer and recommend with confidence. From my point of view it is a profitable concept than can be readily integrated into everyday practice and absolutely necessary for future-oriented orthopaedic surgeries.

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